

GENERAL DEVICE INFORMATION

- ALL AGES CAN ENJOY THE BENEFITS OF ANF THERAPY®

There are currently over 160 different ANF Devices, each with its own unique function. By combining the different ANF Devices, our aim is to help normalize and optimize the body's functions (nerves, muscles, organs, lymphatic system, and hormone regulation).

The ANF Devices do not contain or release any substance which can be harmful to the body.

- ✓ Non-invasive
- ✓ Antibacterial adhesive 3M tape
- ✓ Over 160 different ANF Devices to treat different issues
- ✓ No chemical or organic substance released
- ✓ No needles used
- ✓ Can be used up to 72 hours



CONSULTATIONS & APPLICATION:

Consultation:

The duration of your consultation may vary as we need to monitor and redesign your protocol due to your body's response after applying the ANF Devices.

Application:

If you have an isolated pain or injury, a personalized ANF Device protocol and the number of ANF Devices applied in each session, will be designed to address your issue. If the root cause or inflammation is in multiple areas of the body, these areas will be addressed individually as the treatment progresses.



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Serendipity
WELLNESS®



Can ANF Therapy® help you? Let's Find Out:

Are you putting up with any of **the below conditions?**

- Acute or Chronic Pain
- Back pain / sciatica
- Muscle and joint problems
- Lack of mobility
- Migraine / headache
- Fatigue or low energy
- Stress related issues
- Stomach / intestinal problems
- General unwellness
- Insomnia or sleep deprivation

If you are, then **ANF Therapy® is the right choice for you.**

WELCOME TO ANF THERAPY®

ANF Therapy® treats the root cause of the problem rather than the symptom. ANF Therapy® has been improving people's lives for over 10 years and is trusted by health care professionals in more than 60 countries.

ANF Therapy® quickly addresses the root cause of your discomfort, without the use of drugs, needles, or any kind of invasive procedure.

Most ANF Therapy® patients notice significant pain alleviation within 10-60 minutes following a session.

” The patient experiences a reduction of pain and swelling, an increase in range of motion and an improvement in quality of life related to health.”

METHODOLOGY:

Your trained ANF Therapist will assess your issue and pain thoroughly. The ANF Method includes an examination of your nervous system, lymphatic system, muscles, and joints through palpation, where required.

Once we have identified the cause(s) of your issue or pain, we prepare a tailor-made ANF Therapy® treatment plan which uses a combination of different ANF Devices to treat the root cause of your issue.

WHAT CAN YOU EXPECT FROM THE TREATMENT?

Most of our patients respond within 10 to 60 minutes to the ANF Therapy® treatment after applying the ANF Devices.

A low percentage of our patients may experience some detox symptoms. Less Discomfort, less pain, and greater well-being is experienced as you progress with your ANF Therapy® Treatment. The treatment can take anywhere from a few days to several months; the number of ANF Devices applied can also vary.

NB: Redness during the ANF Devices application is common but unharmed and will gradually disappear. If irritation occurs slowly remove and re-apply in a new spot nearest to the marked point on your personalized protocol.

ANF THERAPY® INTENDED PURPOSE:

ANF Therapy® uses circular ANF Devices which are applied directly on the skin after palpation and assessment by a trained ANF Therapist following the ANF Therapy® Method, Patented Model no. U202030252, ES1259974.

The ANF Therapy®'s purpose is to alleviate injury and pain within minutes.

Our aim is that the patient experiences a reduction of pain and swelling, an increase in range of motion, and an improvement in quality of life-related to health.

IMPORTANCE OF BEING WELL HYDRATED:



We recommend to drink between 1-2 glasses of water per hour until 1 hour before going to bed.

Drink one extra glass of water each time you have a cup of coffee, beer, wine, etc.

Urine which is colorless / very pale yellow indicates optimal hydration. The better hydration the less likely to experience detox symptoms.



POSSIBLE DETOX SYMPTOMS:

A detox process, on a cellular level, is important for the body to optimize function. You can always interrupt a detox by removing the ANF Devices. Remember to store them in their packaging.

When the body starts to eliminate waste products through detoxing you may experience the following symptoms:

- Dry mouth
- Fatigue
- Dizziness
- Headache
- Lightheadedness
- Light flu-like symptoms
- Shivers
- Skin issues/itching
- General Discomfort
- Runny nose
- Nausea/vomiting

The above detox symptoms are rarely experienced by our patients.

TREATMENTS GOALS & PHASES:

Phase 1: "Holistic" approach to your pain and issue



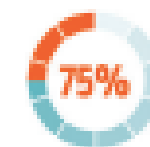
Your trained ANF Therapist will assess your issue and pain thoroughly. The ANF Method includes an examination of your nervous system, lymphatic system, muscles, and joints through palpation, where required. Once we have identified the cause(s) of your issue or pain, we prepare a tailor-made ANF Therapy® treatment plan which uses a combination of different ANF Devices. This is the most important part. Once we find the root cause of your issue and application of the ANF Therapy®, you can heal faster than you could have ever expected.

Phase 2: In-depth Focus phase



This stage of the ANF Therapy® treatment will focus more in-depth on the ANF Device application towards the affected areas. The most common and serious inflammation areas will show significant improvements and the number of Devices to be applied is substantially reduced. At this point, some patients may experience that the pain "shifts" to other areas of their body. The "new" pain is usually associated to an existing injury that may not have been noticed earlier as there were stronger Discomforts and pain in the body, which is now addressed by the ANF Therapy® treatment.

Phase 3: Regeneration phase



Once the pain and swelling are reduced then the regeneration of muscle tissues starts to take place. It is important to listen to your body in order not to overexert and push the body above the pain threshold. You will be guided on how to best train the affected areas and entire body.

Phase 4: Maintenance phase Healthy and Body Balance:



Once the ANF Therapy® treatment ends you'll have no more Discomfort and the affected area is normalized. You can choose to apply an ANF Therapy® maintenance treatment to avoid future relapses.

We are there for you!